



EXPRESS DETOX program

Detox is exactly what you need today!

The fastest way to reload the body is an express set of SPA procedures and individually selected nutrition aimed at relaxation, recovery and rejuvenation in a few days.

It is for you, with special care, that the specialists of the Mirotel Resort & Spa and the leading nutritionists of the Natalia Samoilenko Clinic have developed the Express-Detox program for 3 days.

The program includes the following procedures:

Number of procedures:

• First consultation with a dietitian	1
• Re-consultation with a dietitian	1
• Medical supervision of the client's physical activity (training in the hall).....	3
• Thalgo Relaxing Spa Ritual "Amazing Arctic"	1
• Stone therapy	1
• Nutrition organization according to the system of dietitian Natalia Samoilenko	3

Cost of the program: 3 days - UAH 22,100 ★

★ accommodation is paid extra at a special rate

