



7-day Wellness program

The program includes the following procedures:

7
days

- Nutrition organization according to the system of a dietitian Samoylenko Natalia Oleksandrivna.....7
- Initial consultation of a dietitian.....1
- Repeated consultation of a dietitian1
- Final consultation of a dietitian1
- Medical supervision of physical activity (training in the gym) of the client.....6
- Psychological consultation (online).....1
- Clinical laboratory tests:
- NOMA index.....1
- Lipidogram.....1
- Thyroid hormones - TSH, ATP, T₄ free, T₃ free.....1
- Glycosylated hemoglobin.....1
- Kidney and liver tests.....1
- Homocysteine.....1
- General blood and urine analysis.....1
- Vitamin B12.....1
- C-reactive protein.....1
- Vitamin D (25-OH).....1
- Ferritin.....1
- Health services:
- Detoxifying therapeutic wrap with peat.....1
- Detox procedure with cold paraffin.....1
- Seaweed and mud therapy.....1
- Lymphatic drainage massage (anti-cellulite).....4
- Pressotherapy4

Program cost:

7 days - 55 685 UAN

